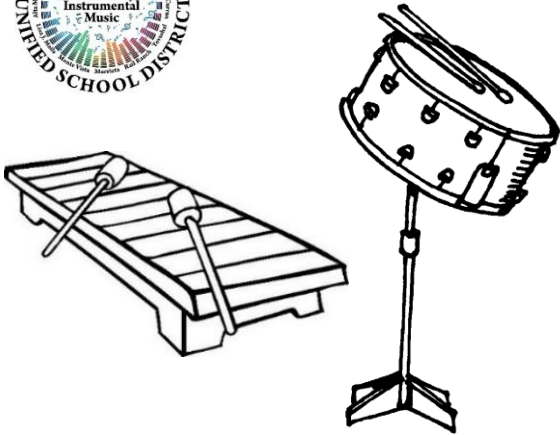


# Directed Practice Guide -

The lessons below are used with "Essential Elements". Check off the box when you finish each item below. Your goal is to practice 2 hours each week.



## Basics

- Get Essential Elements Book 1
- Get Black Binder
- Get Instrument Accessories
- Read "The Basics" pages 2 and 3
- Demonstrate Proper Hand Position
- Demonstrate Proper Stick Placement
- Read "History of Percussion" on p.1

## Performance

- All Music for December Concert
- Attend December Concert
  
- All Music for March Concert
- Attend March Concert
  
- All Music for District Concert
- Attend District Concert

Successfully Completed ALL Lessons! Turn in the completed DPG to receive your certificate.

## Bells Technique

### Page 4

- F     Eb     D
- Quarter Note/Rest
- Alternate Sticking
- Double Sticking
- All Songs

### Page 5

- C                       Bb
- Repeat Sign
- Time Signature
- Review the 5 notes
- All Songs
- Reading notes without writing them in**

### Page 6

- Half Note/Rest
- Breath Marks
- Combination Sticking
- All Songs

### Page 7

- Whole Note/Rest
- Key Signature
- All Songs

### Page 8

- High G
- Fermata
- All Songs

### Page 9

- Low A
- Pick-up Notes
- Dynamics
- All Songs

Name \_\_\_\_\_

## Drum Technique

- All Songs (p.4-B)
- Bass Drum** (p.5-B)
- All Songs (p.5-B)
- Alternate Sticking (p.6-A)
- All Songs (p.6-A/B)
- Multiple Bounce (p.7-A)
- All Songs (p.7-A/B)
- Flams (p.8-A)
- Triangle** (p.8-B)
- All Songs (p.8-A/B)
- Eighth Notes/Rests (p.9-A)
- Double Sticking (p.9-A)
- Paradiddle (p.9-A)
- All Songs (p.9-A/B)
- Mltip. Bounce 8<sup>th</sup> (p.10-A)
- Suspended Cymbal** (p.10-A)
- Wood Block** (p.10-B)
- Crash Cymbals** (p.10-B)
- All Songs (p.10-A/B)
- Flam Tap (p.11-A)
- Tambourine** (p.11-B)
- Sus. Cymb. Roll (p.11-B)
- All Songs (p.11-A/B)
- Ties (p.14-A)
- Dotted Half Note (p.14-A)
- ¾ Time Signature (p.15-A)
- Double Paradiddle (p.15-A)
- Accent Markings (p.15-B)
- Flam Accent (p.15-A)
- Rim Shot (p.15-B)